



Evaluation for Care, Counseling and Referral
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The following is from Hope and Change for Humpty Dumpty www.authorhouse.com

Levels of Problems and Pain

Type A Persons: No life-interrupting problems

Level I Very mature and healthy individuals

- Able to lead if equipped
- Strong in relationships and self control
- Stable and deal with life's problems
- Full range of emotional life
- Not blown about by every new thing

Need: Leadership training

Level II Can vary in healthy lifestyles from weak to developing

- Some are fragile but deal with life
- Need to be disciplined

Need: Challenge to grow and be trained

Type B Persons: Differing types and intensity of problems

Level III Ongoing issues and problems that cause disruptions

- Worried or anxious, sad, angry and dissatisfied with life or school conflicts
- Misses class, sleeplessness, poor grades, relational problems
- Is strong enough to work and learn from counsel
- No harmful thoughts about self or others

Need: Lay care and counsel, support of faculty

Level IV Ongoing problems and pain

- Level III issues getting worse
- Cannot meet personal, work, family or school responsibilities and cannot change
- Misses school due to depression, anxiety, stress, drinking, etc
- Cannot concentrate, does very poor work, scattered thoughts, gaunt
- Compulsive behaviors with food, gambling, anger, prescription drugs
- Unresolved conflicts

Need: Refer to Professional Counseling

Level V Acute Pain

- Lay and Professional counseling have failed to help so pain increases
- Cannot manage school work
- Ideas are distorted, cannot manage life or relationships
- Dangerous use of alcohol, food, prescription drugs
- Thoughts of harming self or others

Need: Intensive care in a safe place